



Phyllis Agran
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Vice Chair

Diane Aviles
Committee Member

Susanne Flores
Committee Member

Tiffany Im
Committee Member

Carolyn Inmon
Committee Member

Melisa Masri
Committee Member

Cynthia Haq
Committee Member
At-Large

Natalie Hamilton
Committee Member
Irvine Unified School District

Ruby Villavisencio, MSN, MBA, CPNP, RN
Committee Member
Irvine Valley College

Laura Rubio, Ed.D.
Committee Member
Tustin Unified School District

AGENDA

HEALTH & WELLNESS ADVISORY COMMITTEE REGULAR MEETING

December 8, 2025

5:00 PM

**Conference & Training Center
(CTC)**

**1 Civic Center Plaza
Irvine, CA 92606**

PARTICIPATION VIA ZOOM

MEETING ID: 161-599-5599

PASSCODE: 646696

WEBSITE: zoom.us/join

TELEPHONE: 669-254-5252

or 669-216-1590

To participate virtually, visit zoom.us/join using any web browser, or the Zoom app on smartphones or tablets, and enter the Meeting ID and Passcode noted above. To participate by telephone, dial one of the numbers listed above and enter the same Meeting ID and Passcode. For technical assistance before or during the meeting, call 949-724-6078.

CALL TO ORDER

ROLL CALL

PLEDGE OF ALLEGIANCE

PRESENTATIONS

- 1. Leading Causes of Preventable Injuries and Deaths in Minors**
- 2. Easterseals of Southern California: Autism and Related Disability Services**
- 3. Mental Health Association for Chinese Communities (MHACC): The Kindness Network**

PUBLIC COMMENTS - NON-AGENDIZED ITEMS

Any member of the public may address the Health & Wellness Advisory Committee on items within the Health & Wellness Advisory Committee's subject matter jurisdiction, but which are not listed on this agenda. If 20 or fewer requests to provide public comments are submitted, each speaker shall be limited to three minutes. If between 21 and 30 speakers submit public comments, each speaker shall be limited to two minutes. If more than 30 speakers submit public comments, each speaker shall be limited to 90 seconds. The time limit per speaker shall be established based on the number of requests to speak submitted to the Recording Secretary before the first speaker is called. Requests to speak submitted after the first speaker is called shall receive 90 seconds. These time limits may be shortened or extended, or a cumulative limit on the time for all public speakers may be imposed, at the discretion of the Chair or by a majority vote of the Committee.

DIRECTOR'S REPORT

ANNOUNCEMENTS/COMMITTEE REPORTS

Announcements and Committee Reports are for the purpose of presenting brief comments or reports, are subject to California Government Code Section 54954.2 of the Brown Act and are limited to 15 minutes, 3 minutes per member of the Community Services Commission. In addition, the Chair shall receive any necessary additional time to deliver announcements of community events and opportunities.

ADDITIONS AND DELETIONS

Additions to the agenda are limited by California Government Code Section 54954.2 of the Brown Act and for those items that arise after the posting of the Agenda and must be acted upon prior to the next Committee meeting.

CONSENT CALENDAR

All matters listed under Consent Calendar are considered by the Director of Health & Wellness to be routine and will be enacted by one roll call vote. There will be no discussion of these items unless members of the Health & Wellness Advisory Committee request specific items to be removed from the Consent Calendar for separate discussion.

Any member of the public may address the Health & Wellness Advisory Committee on items on the Consent Calendar. Public comments on Consent Calendar items will be heard at the time the Consent Calendar is considered, but no sooner than 5 p.m. If 10 or fewer requests to speak on agenda items are submitted,

each speaker shall be limited to three (3) minutes per item. If between 11 and 15 speakers submit requests to speak, each speaker shall be limited to two (2) minutes per item. If 16 or more requests to speak are submitted, each speaker shall be limited to 90 seconds per item. The time limit per speaker shall be established based on the number of requests to speak submitted to the Recording Secretary before the first speaker is called. Requests to speak submitted after the first speaker is called shall receive 90 seconds. These time limits may be shortened or extended, or a cumulative limit on the time for all public speakers may be imposed, at the discretion of the Chair or by a majority vote of the Health & Wellness Advisory Committee.

4. HEALTH & WELLNESS ADVISORY COMMITTEE REGULAR MEETING SCHEDULE

RECOMMENDED ACTION:

Adopt the 2026 Health & Wellness Advisory Committee meeting schedule.

5. MINUTES

RECOMMENDED ACTION:

Approve the minutes of a regular meeting of the Health & Wellness Advisory Meeting held on September 8, 2025.

COMMITTEE BUSINESS

Public comments on Committee Business items will be heard at the time the matters are considered. If 10 or fewer requests to speak are submitted, each speaker shall be limited to three (3) minutes per item. If between 11 and 15 speakers submit requests to speak, each speaker shall be limited to two (2) minutes per item. If 16 or more requests to speak are submitted, each speaker shall be limited to 90 seconds per item. The time limit per speaker shall be established based on the number of requests to speak submitted to the Recording Secretary before the first speaker is called. Requests to speak submitted after the first speaker is called shall receive 90 seconds. These time limits may be shortened or extended, or a cumulative limit on the time for all public speakers may be imposed, at the discretion of the Chair or by a majority vote of the Health & Wellness Advisory Committee.

6. UPDATED EARLY CHILDHOOD FRIENDLY CITY RESOLUTION

RECOMMENDED ACTION:

Continue the Updated Early Childhood Friendly City Resolution to August 31, 2026 at 5 p.m. or soon thereafter.

ADJOURNMENT

NOTICE TO THE PUBLIC**PARTICIPATION AT HEALTH & WELLNESS ADVISORY COMMITTEE MEETINGS**

You may submit comments on any agenda item or on any item not on the agenda, in writing via mail to "Attn: Health & Wellness Advisory Committee, 1 Civic Center Plaza, Irvine, CA 92606; by email to cm@cityofirvine.org. All comments submitted at least two hours prior to the commencement of the meeting will be distributed to Committee Members at the meeting. You may also provide live comments via "Zoom." For more information, visit cityofirvine.org and select "Health & Wellness Advisory Committee Meetings."

REQUEST TO SPEAK IN PERSON: If you would like to address the Health & Wellness Advisory Committee on a scheduled agenda item or non-agenda item, please register by completing a [Request to Speak Form](#). We respectfully ask that you identify on the form your name and the item(s) on which you would like to speak. The [Request to Speak Form](#) assists the Chair in ensuring that all persons wishing to address the Health & Wellness Advisory Committee are recognized. It also ensures the accurate identification of meeting participants in the Health & Wellness Advisory Committee minutes. Your name will be called at the time public comments and public hearings are heard by the Health & Wellness Advisory Committee. City policy is to limit public testimony to up to three minutes per speaker depending on relevant circumstances, which includes the presentation of electronic or audio/visual information. Speakers may not yield their time to other persons.

Please take notice that the order of scheduled agenda items and/or the time they are actually heard, considered, and decided may be modified by the Chair or the Health & Wellness Advisory Committee during the course of the meeting, so please stay alert.

PLEASE NOTE: The Health & Wellness Advisory Committee is making every effort to follow the spirit and intent of the Brown Act and other applicable laws regulating the conduct of public meetings, in order to maximize transparency and public access. For questions or assistance, please contact the Health & Wellness Advisory Committee Liaison at 949-724-6241, or via email at clerk@cityofirvine.org. It would be greatly appreciated if written communications of public comments related to items on the agenda, or items not on the agenda, are provided prior to the commencement of the meeting.

ADJOURNMENT

At 6 p.m., the Health & Wellness Advisory Committee will determine which of the remaining agenda items can be considered and acted upon prior to 7 p.m. and will continue all other items on which additional time is required until a future Health & Wellness Advisory Committee meeting. All meetings are scheduled to terminate at 7 p.m.

STAFF REPORTS

As a general rule, staff reports or other written documentation have been prepared or organized with respect to each item of business listed on the agenda. Copies of these materials are on file with the City Manager's Office and are available for public inspection and copying once the agenda is publicly posted, (at least 7 days prior to a regular Health & Wellness Advisory Committee meeting). Staff reports can also be downloaded from the City's website at cityofirvine.org at least 7 days prior to the scheduled Health & Wellness Advisory Committee meeting.

If you have any questions regarding any item of business on the agenda for this meeting, or any of the staff reports or other documentation relating to any agenda item, please contact the Health & Wellness Advisory Committee Liaison at 949- 724-6241.

SUPPLEMENTAL MATERIAL RECEIVED AFTER THE POSTING OF THE AGENDA

Any supplemental writings or documents distributed to a majority of the Health & Wellness Advisory Committee regarding any item on this agenda after the posting of the agenda will be available for public review in the City Manager's Office, 1 Civic Center Plaza, Irvine, California, during normal business hours. In addition, such writings or documents will be made available for public review on the City's website and at the respective public meeting.

If you have any questions regarding any item of business on the agenda for this meeting, or any of the staff reports or other documentation relating to any agenda item, please contact the Health & Wellness Advisory Committee Liaison at 949- 724-6241.

**SUBMITTAL OF INFORMATION BY MEMBERS OF THE PUBLIC FOR
DISSEMINATION OR PRESENTATION AT PUBLIC MEETINGS****Media Types and Guidelines****1. Written Materials/Handouts:**

Any member of the public who desires to submit documentation in hard copy form may do so prior to the meeting or at the time he/she addresses the Health & Wellness Advisory Committee. Please provide 15 copies of the information to be submitted and file with the Health & Wellness Advisory Committee Liaison at the time of arrival to the meeting. This information will be disseminated to the Health & Wellness Advisory Committee at the time testimony is given.

2. Large Displays/Maps/Renderings:

Any member of the public who desires to display freestanding large displays or renderings in conjunction with their public testimony is asked to notify the Health & Wellness Advisory Committee Liaison at 949-724-6241 no later than 1 p.m. on the day of the scheduled meeting so that an easel can be made available, if necessary.

3. Electronic Documents/Audio-Visuals:

Any member of the public who desires to display information electronically in conjunction with their public testimony is asked to submit the information to the Health & Wellness Advisory Committee Liaison no later than 1 p.m. on the day of the scheduled meeting. To facilitate your request contact the Health & Wellness Advisory Committee Liaison at 949-724-6241.

Information must be emailed by 1 p.m. on the day of the scheduled meeting to pio@cityofirvine.org. However, we encourage submission as early as possible to allow adequate time to navigate any potential technical issues. Members of the public will be asked to provide their name, identify the meeting and the agenda item to be addressed, and a daytime phone number.

Still image formats must be submitted via PowerPoint (ppt) or JPEG. PDF files (i.e. Adobe) are not acceptable. Videos must be submitted as .mp4 or .mov files. Multi-media presentations shall not include testimony from another person providing comments. In addition, a single multi-media presentation shall not be divided among multiple multi-media presenters. Unless otherwise directed by the Chair or a majority vote of the Health & Wellness Advisory Committee, all multi-media public comments shall be taken last in order.

The Health & Wellness Advisory Committee Liaison will notify the person submitting the information as soon as possible prior to the meeting if the information cannot be accessed or if the version provided is incompatible with the City's system. Every effort will be made by City staff to facilitate the presentation.

CITY SERVICES TO FACILITATE ACCESS TO PUBLIC MEETINGS

It is the intention of the City of Irvine to comply with the Americans with Disabilities Act (ADA) in all respects. If, as an attendee or a participant at this meeting, you will need special assistance beyond what is normally provided, the City of Irvine will attempt to accommodate you in every reasonable manner. Please contact the Health & Wellness Advisory Committee Liaison at 949-724-6241.

Assisted listening devices are available at the meeting for individuals with hearing impairments. Notification 48 hours prior to the meeting will enable the City to make reasonable arrangements to ensure accessibility to this meeting. (28 CFR 35. 102-35. 104 ADA Title II)

COMMUNICATION AND ELECTRONIC DEVICES

To minimize distractions, please be sure all personal communication and electronic devices are turned off or on silent mode.

MEETING SCHEDULE

Regular meetings of the Health & Wellness Advisory Committee are held in Irvine at 5 p.m., in accordance with dates selected by the Committee, unless otherwise noted. Agendas are available at the following locations:

- City Clerk's Office
- Irvine Police Department
- Main Entrance of City Hall
- Lakeview Senior Center, 20 Lake Rd
- Northwood Community Center, 4521 Bryan Ave
- Rancho Senior Center, 3 Ethel Coplen Way
- William Woollett Jr. Aquatics Center, 4601 Walnut Ave
- City's web page at cityofirvine.org

I hereby certify that the agenda for the Regular Health & Wellness Advisory Committee meeting was posted in accordance with law at the entrance of City Hall, 1 Civic Center Plaza, Irvine, California on December 1, 2025 by 5:00 p.m. as well as on the City's web page.

Irena Phillips

Irena Phillips
Recording Secretary