



MINUTES

HEALTH & WELLNESS ADVISORY COMMITTEE REGULAR MEETING

May 11, 2026

Conference & Training Center (CTC)
1 Civic Center Plaza
Irvine, CA 92606

CALL TO ORDER

The regular meeting of the Health & Wellness Advisory Committee was called to order at 5:02 p.m. on May 11, 2026, in the Conference & Training Center (CTC), Irvine Civic Center, 1 Civic Center Plaza, Irvine, California.

ROLL CALL

Present:	9	Chair:	Phyllis Agran
		Vice Chair:	Nakia Best
		Committee Member:	Dawn Bounds
		Committee Member:	Gabrielle Morrow
		Committee Member:	Cynthia Haq
		Committee Member:	Natalie Hamilton
		Committee Member:	Ruby Villavisencio
		Committee Member:	Laura Rubio
		Committee Member:	Tiffany Im
Absent:	2	Committee Member:	Diane Aviles
		Committee Member:	Melisa Masri

PLEDGE OF ALLEGIANCE

Chair Agran led the Pledge of Allegiance.

INTRODUCTIONS

Committee members introduced themselves and shared their respective backgrounds. Deputy Director Sandra Salcedo was introduced to the Committee and shared her professional background.

PRESENTATIONS

1. Social Services Quarterly Update

Ashley Chapman, Management Analyst, presented the Social Services Division's Quarter 1 2026 (January–March) update.

Committee discussion included growth in community contacts and referrals, housing-related service demand, the new case-management data system, and case management staffing capacity.

There were no public comments received.

PUBLIC COMMENTS - NON-AGENDIZED ITEMS

Steven Chen, Deputy Director of the Mental Health Association for Chinese Community and founder of the Kindness Network, introduced the Kindness Network, a project connecting mental health service providers, community members, and supporters, and requested the Committee's support in growing its roster of partner organizations.

ANNOUNCEMENTS/COMMITTEE REPORTS

Chair Agran reported on infant and child drowning prevention efforts, including the City's infant/child life-jacket exchange program and updated national resuscitation guidelines for drowning victims.

Traci Stubbler reported on the City's first Family Support Network Free Developmental Screening event, held March 27, 2026, at Deerfield Community Center, which served 38 children, 31 of whom were referred for further assessment, and provided an update to the City's online child care resource listings, which now indicate which licensed family child care providers accept subsidies from the largest child care funders in Orange County.

A Committee member requested information on CPR training opportunities offered by the City; Deputy Director Salcedo indicated she would follow up with that information.

DIRECTOR'S REPORT

Deputy Director Salcedo had no report this evening.

ADDITIONS AND DELETIONS

There were no additions or deletions to the agenda.

CONSENT CALENDAR

ACTION: Moved by Committee Member Morrow, seconded by Committee Member Rubio, and unanimously carried by roll call vote of those members present, to approve Consent Calendar Item No. 2.

2. MINUTES

ACTION:

Approved the minutes of a regular meeting of the Health & Wellness Advisory Committee held on February 9, 2026.

COMMITTEE BUSINESS

3. HEALTH CITY DESIGNATION

Committee Member Haq presented a "healthy city" framework, highlighting areas of relative strength for Irvine as well as areas warranting continued attention, including housing affordability, transportation, vaccination rates, and health equity.

Deputy Director Salcedo presented the staff report, recommending that the Committee form an ad hoc subcommittee to explore opportunities to designate Irvine as one of the healthiest cities in the nation.

Committee discussion included available designation criteria and certifying bodies; potential costs of pursuing and maintaining a designation; and refinement of the motion language.

There were no public comments.

ACTION:

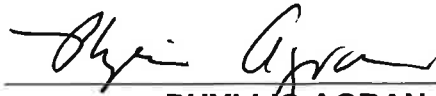
Moved by Committee Member Haq, seconded by Committee Member Rubio, and unanimously carried by roll call vote of those members present, to

Form an ad hoc subcommittee to explore opportunities to designate Irvine as one of the healthiest cities in the nation.

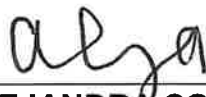
Following Committee action, staff indicated that a recruitment email would be sent to Committee members to gauge interest in serving on the subcommittee, with meeting frequency and time commitment to be determined once membership is established.

ADJOURNMENT

By consensus of the members present (Committee Members Aviles and Masri absent), the meeting was adjourned at 6:49 p.m.



**PHYLLIS AGRAN
CHAIR**



**ALEJANDRA CORZA
RECORDING SECRETARY**

Signed by:


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**SANDRA SALCEDO
DEPUTY DIRECTOR OF HEALTH &
WELLNESS**

10/6/2026

DATE APPROVED