



Strong Families, Safe Kids

Parenting Education October 2026 Schedule



Classes are available at no cost to parents and caregivers.

Parenting classes can:

- Build strong, healthy relationships with your children
- Address your child's problem behavior
- Minimize problems that disrupt family life
- Raise responsible, caring children

You'll learn valuable skills, including how to:

- Communicate effectively
- Avoid family conflicts
- Give positive attention
- Balance discipline with affection
- Praise your child's good behavior appropriately

**Register
today!**

For more information, please call the contact listed or email.

*For virtual courses, a Zoom link will be provided.

Active Parenting-First Five Years

Curriculum for parents of children ages 0-5

Language/City	Address/Contact	Schedule
English Santa Ana (AM)	South Orange County FRC Virtual Course- over Zoom South Orange County FRC 949-364-0500 SouthOCFRC@factoc.org	Mondays 5:30 PM – 7:30 PM October: 5, 12, 19, 26 November 2

Active Parenting -School Age

Curriculum for parents of children ages 6-12

Language/City	Address/Contact	Schedule
Vietnamese Santa Ana (AM)	Westminster FRC 7200 Plaza St. Westminster, 92683 Westminster FRC 714-903-1331 WestminsterFRC@factoc.org	Tuesdays 11:30 AM – 1:30 PM October: 6, 13, 20, 27 November 3, 10
English Santa Ana (PM)	CHEC FRC Virtual Course- over Zoom CHEC FRC 949-489-7742 CHECFRC@factoc.org	Wednesdays 5:30 PM- 7:30 PM October: 14, 21, 28 November: 4, 11, 18